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THE EFFECT OF POP UP BOOK ON THE LEVEL OF KNOWLEDGE AND IMPROVEMENT OF PERSONAL HYGIENE IN STUDENTS WITH SCABIES IN BOARDING SCHOOL IN BANGKALAN BASED ON NOLA J PENDER'S THEORY

(*Study in the Islamic Boarding School area in Bangkalan*)

ABSTRACT

Scabies is a contagious skin disease that occurs due to poor Personal Hygiene conditions and lack of knowledge. Based on a preliminary study at the Darul Mustofa Islamic Boarding School, there were 20 students with scabies. The purpose of the study is to test the effectiveness of using Pop Up Books in improving the Knowledge and Personal Hygiene of students with scabies.

The research design used quasi-experimental with pre-post test with control group design approach. The population of the study was 89 with a sample of 50 students with scabies, each group consisting of 25 students with purposive sampling technique. The independent variables were Pop Up Book and lectures while the dependent variables were knowledge and personal hygiene. The research instrument used a questionnaire on knowledge and personal hygiene. The analysis test used the Shapiro Wilk statistical test and independent T-test.

The results of the independent t-test statistical test on the Level of Knowledge, the value of the treatment group 8.04 while the control group 6.24, obtained p- value= 0.000<α0.05. On the Improvement of personal hygiene, the value of the treatment group 7.88 while the control group 6.52, obtained p-value = 0.000<α0.05. The results of the study showed that providing health education with pop up books was more effective than the lecture method in improving knowledge and personal hygiene in students with scabies.

For further researchers, it can be used as comparative material and reference for relevant research by developing interactive, visual pop-up books to facilitate the prevention and treatment of scabies.

Keywords: Scabies Disease, Pop Up Book, Knowledge, Personal Hygiene, Students