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THE RELATIONSHIP OF ANXIETY LEVEL AND BODY MASS INDEX (BMI) BEFORE PREGNANCY WITH THE INCIDENCE OF PRE-ECLAMPSIA AT THE GEGER HEALTH CENTER GEGER DISTRICT BANGKALAN REGENCY	
ABSTRACT <i>Pre-eclampsia is a condition of the onset of hypertension accompanied by proteinuria that occurs after the 20th week of pregnancy until 6 weeks after delivery. Based on preliminary studies in January-March 2025 there were 6 (10.4%) cases of preeclampsia out of 58 pregnant women. The purpose of this study is to analyze the relationship between anxiety level and Body Mass Indeks (BMI) before pregnancy with the incidence of preeclampsia at the Geger health center, Geger District, Bangkalan Regency.</i> <i>The research design uses analytics with a Cross Sectional approach. Independent variable anxiety level, Body Mass Index (BMI) and dependent variable Preeclampsia. The population used all pregnancy data recorded in the register, namely 58 pregnant women. The number of samples taken was 51 data of pregnant women in trimester 2 and 3. The sampling technique used Simple Random Sampling, the research site at the Geger Health Center in April-May 2025. The instrument in this study used DASS 21, MCH book, and used the Chi-Square statistical test.</i> <i>The results showed that most pregnant women did not experience anxiety (50.9%) and had abnormal BMI (52.9%), and almost all did not experience preeclampsia (76.5%). There was a significant relationship between anxiety level and the incidence of preeclampsia ($p = 0.040$), as well as between BMI before pregnancy with preeclampsia ($p = 0.016$).</i> <i>Effort to prevent pre-eclampsia include maintaining Body Mass Index before and during pregnancy, choosing a productive age for pregnancy, managing anxiety and stress, through integrated antenatal care and screening for other predisposing factors in early pregnancy.</i> Keywords : Anxiety, Body Mass Index, Before Pregnancy, Pre-eclampsia	