

ABSTRACT

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THE EFFECT OF HEALTH EDUCATION ON MEDICATION ABOUT MENTAL HEALTH DRUGS ADHERENCE AMONG PATIENTS WITH MENTAL DISORDERS AT THE ASH-SHIFA FOUNDATION	
ABSTRACT <i>Mental disorders are chronic conditions that require long-term treatment, including regular medication. However, the level of patient Adherence with treatment is still relatively low. This study aims to determine the effect of health education about mental health drugs on medication Adherence in patients with mental disorders at the Panti Ash-Shifa Foundation</i> <i>The study used a quasi-experimental design with a non-equivalent control group approach and involved 20 respondents selected using the total sampling technique. The data collection instrument used the Medication Adherence Rating Scale (MARS).</i> <i>The pretest results showed that most respondents had moderate (65%) and low (35%) Adherence levels. After being given education, 70% of respondents achieved a high level of Adherence. Data analysis using the Wilcoxon test showed a significance value of $p = 0.000 (<0.05)$, which means there was a significant difference between Adherence before and after education. Health education had been proven effective in increasing medication Adherence in patients with mental disorders.</i> <i>In this study, there was a significant effect between health education about mental health drugs on medication Adherence in patients with mental disorders at the Panti Ash-Shifa Foundation. Providing education routinely can increase patient knowledge and motivation in following treatment, thus contributing to the success of therapy and preventing relapse.</i>	
Keywords: Mental Disorders, Health Education, Medication Adherence, MARS, Panti Ash-Shifa Foundation	